



Annual Benefits Enrollment

Oct. 13 - 24



This is your annual opportunity to:

- **Learn** about the medical plans, benefits, and rates
- **Elect, change, or waive** benefits coverage for you and your family
- **Review** and update your dependent and beneficiaries' information; It is important to have the most up-to-date information on file
- **Enhance** your coverage with voluntary benefits offerings – Disability, Accident, Hospital Indemnity, Critical Illness, Life and AD&D, Auto*, Home*, and Pet Insurance*

*Can be elected anytime throughout the year

Take Action!

You are strongly encouraged to participate in Annual Benefits Enrollment to ensure your benefits still meet your needs for 2026. **Remember, you must complete enrollment to elect or re-enroll in a Flexible Spending or Health Savings Account.**

Annual Benefits Enrollment is your opportunity to elect benefits during the year, unless you experience a qualifying life event such as marriage, divorce, or the birth of a child, in which case you can make changes.

Enroll Online when you log in to the Benefits Enrollment Portal at myapps.wholefoods.com.

Need guidance? Explore the Benefits Education site by visiting mywfmbenefits.com and learn about the 2026 changes, review the Annual Benefits Enrollment Guide, and access decision-making resources.



Scan Me

or visit www.benefitsgo.com/WFMWebscheduler to schedule your appointment with a Certified Benefits Counselor that will explain your benefit options, answer questions, and help you with completing your enrollment.

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